



# Pisgah High School Junior Newsletter March 2015

Pisgah High School Counseling Center, 1 Black Bear Drive, Canton, NC 28716  
Learn more online at [teacher.haywood.k12.nc.us/phs-counselingcenter/](http://teacher.haywood.k12.nc.us/phs-counselingcenter/). Follow us on Twitter @ [pisgahcounselor](https://twitter.com/pisgahcounselor).

## 2015-16 Course Registration

Counselors have met this year with 9th graders in Health/PE classes, 10th graders in American History I classes, and 11th graders in English III classes. (Special thanks to those teachers for your cooperation!) These meetings allowed counselors to share important information about planning for college and careers AND provided students with time to update their 4-year plans.

Counselors also met with students interested in Honors/Advanced Courses, AP courses, NCVPS (online) courses, and Haywood Community College courses ("Career and College Promise"). Those applications were due to teachers (and then to the counseling center) in February; those courses will appear in Power School accounts of students who applied and were recommended.

**Wednesday, March 4** each current *junior* will receive in homeroom a copy of his/her 4-year plan and a list of all courses s/he may take the following year. **There will be a "planning sheet" that you are asked to complete before registration: You will be expected to bring this sheet with you (signed by student AND parent) to registration. If you have questions, please see your counselor!**

**Monday, March 9** current juniors will be coming by homeroom groups to the computer lab to electronically submit their request for courses for next year. Students will be expected to select the required academic courses (as listed on your 4-year plan), desired electives, and appropriate alternates. Then, each student will "check out" with his/her counselor to ensure that 8 courses are selected, that the student has chosen courses needed for graduation, and allow the student to ask any questions before leaving.

*We believe that the system provided to us by Power School will help more students get the courses they need and want; it is very important that you give these selections careful thought and consideration!* Complete PHS Course Booklet is available at [teacher.haywood.k12.nc.us/phs-counselingcenter/](http://teacher.haywood.k12.nc.us/phs-counselingcenter/)

## North Carolina Graduation Requirements

**English:** 4 courses

**Math:** 4 courses (Math I, Math II, Math III, and an advanced math)

**Science:** 3 courses (Earth/ Environmental Science, Biology, and a Physical Science—either physical science or chemistry)

**Social Studies:** 4 courses (World History, American History I, American History II, Civics and Economics)

**Health/PE:** 1 course

**Electives:** 2 courses from any combination of Career and Technical Education (CTE), Arts (Band, Chorus, Drama, Art), or Foreign Language\*

**Concentration Area:** 4 courses—all from ONE of the following categories—with at least one being a "level 2" or higher:

- Career and Technical Education (CTE): one of 11 different "career clusters"
- JROTC
- Arts
- Academic: advanced courses—i.e. *beyond minimum requirements*—in math, science, social studies, etc. OR foreign language

**TOTAL Credits required: 28**

*\*2 credits in Foreign Language are REQUIRED IF you plan to apply to a four-year college after graduation*

## CORRECTIONS:

- ⇒ Some **CTE courses** at PHS can be articulated into college credit at HCC (or sometimes other community colleges in NC), but students have to earn a 93 (not an 80) on the CTE post-assessment. See your CTE teacher for more information about this opportunity!
- ⇒ NCDPI has chosen to implement the new **honors "weighted" system** (+ 1/2 quality point for honors/advanced and +1 point for AP/CCP) for FRESHMEN 2015-16. This means CURRENT students will remain under the current policy (+1 quality point for honors/advanced, +1 point for CCP, and

Haywood County Schools  
Character Trait for  
MARCH:  
**FAIRNESS**

"Fairness forces you...to make sure you represent the other's side as extensively and as accurately as you possibly can."

### PHS COUNSELING CENTER

**Dr. Allen:** Last names A-G  
**Mrs. Lawing:** Last names H-O  
**Mrs. Heinz:** Last names P-Z  
**Mrs. Case:** Administrative Assistant  
**Mrs. Ray:** Career Development  
**Mrs. Frazier:** School Social Worker  
**Mrs. Clark:** School Nurse

## TESTING

All PHS Juniors took the ACT Tuesday, March 3 for **FREE!** (Cost is typically over \$50!)

This test includes four multiple choice tests (*language, math, science, and reading*) and an essay. You will receive 4 scores (one for each subtest), a “*composite*” or summary score, and a writing score. In addition, you will receive information about possible career choices that match the interest survey you complete when you register for the test.



- *Scores can be used for college admissions decisions at 4-year schools OR as placement scores at community colleges.*
- *ACT scores can be very influential in scholarship decisions at both 2-year and 4-year schools.*

More information about this test is available online at [www.actstudent.org](http://www.actstudent.org).

Upcoming SAT dates are **May 2** AT PISGAH (registration deadline April 6), and June 6 at Tuscola (registration deadline May 8). Registration and preparation materials are available online at [www.collegeboard.org](http://www.collegeboard.org). *Be sure to write down and keep your user name and password.* Cost is \$52.50: If you think you might qualify for a fee waiver, please see your

### Spring Open House Events:

- **Western Carolina University:** Saturday, March 21. Learn more and register at [wcu.edu/about-wcu/visit-wcu/open-house/](http://wcu.edu/about-wcu/visit-wcu/open-house/)
- **UNC Asheville:** Saturday, March 21. Learn more and register at [admissions.unca.edu/open-house](http://admissions.unca.edu/open-house).
- **Appalachian State University:** Saturday, April 18. Learn more and register at [admissions.appstate.edu/visit/open-house](http://admissions.appstate.edu/visit/open-house)
- **East Tennessee State University:** Saturday, April 11. Learn more and register at [admissions.etsu.edu/visitcampus\\_reg.html](http://admissions.etsu.edu/visitcampus_reg.html)
- **North Carolina A&T State:** Saturday, March 14. To register, create a student account at [undergradadmissions.ncat.edu](http://undergradadmissions.ncat.edu).
- “Discover **The Citadel**”: Friday, April 17. Learn more and register at [www.citadel.edu/discover](http://www.citadel.edu/discover).
- **Benedict College, Columbia, SC:** Saturday, April 11. Free lunch and tickets to spring football game. Call (800) 868-6598.

Attention PARENTS/GUARDIANS of Juniors:

When you complete your taxes this year, print and KEEP a copy. This will make applying for need-based scholarships next fall a lot easier if the application asks for a copy of your “most recent tax documents” and if the deadline is before you file next year!

### Quest Bridge 2015

#### College Prep Scholarship:

Juniors who have an unweighted GPA of 3.5 or higher and who come from families earning less than \$60,000 annually can learn more about an opportunity for college scholarships, scholarships for college summer programs, free standardized test prep, support completing college applications (and application essays), and participation in National College Match. Learn more or apply for free at [www.questbridge.org](http://www.questbridge.org). More information is also in the counseling center.

### What is the NCAA?

The **NCAA (National Collegiate Athletic Association)** was established in 1906 and serves as the athletics governing body for more than 1300 colleges, universities, conferences, and organizations. The NCAA is committed to the student-athlete and to governing competition in a fair, safe, inclusive, and sportsmanlike manner. There are 3 “divisions;” one of the differences among the divisions is that colleges and universities in Divisions I and II may offer athletic scholarships while Division III colleges and universities may not.

The NCAA Eligibility Center “certifies” the academic and amateur credentials of all college-bound student-athlete AND is responsible for achieving and protecting his/her eligibility status.

If you are interested in playing sports at the college level, you are encouraged to access the Eligibility Center’s web site at [www.eligibilitycenter.org](http://www.eligibilitycenter.org). Interested student athletes are also strongly encouraged to register through the eligibility center in the SPRING OF THEIR JUNIOR YEAR.

You might also check out the **NAIA (National Association of Intercollegiate Athletics)**. There are nearly 300 NAIA member colleges and universities with opportunities in 13 sports. Students who wish to participate in college athletics at these institutions may register at [www.PlayNAIA.org](http://www.PlayNAIA.org) in the spring of their junior year.

### Haywood Community College Student for a Day Program:

FREE classes (either 8 AM to noon or 1 PM to 4 PM with lunch) are available to interested juniors or seniors

- \* Saturday, March 28: **Cosmetology**
- \* Saturday, April 18: **High Tech Center**
- \* Saturday, April 25: **Horticulture**
- \* May 30 OR June 6: **Natural Resources**

See your counselor as soon as possible if you are interested in this opportunity to learn more about programs at HCC!

## OPPORTUNITIES FOR 11th GRADERS:

- **Institutes for Future Agricultural Leaders (IFAL) at NCSU and NCA&T:** This FREE 5-day event for RISING SENIORS (top 1/3 of class) is sponsored by NC Farm Bureau. Emphasis is placed on career opportunities, technology, and leadership development in the agriculture industry. More information and application are in the counseling center. Completed applications should be returned to your county Farm Bureau by **March 31**.
- **Redesigning our Future:** National Environmental Summit for High School Students: July 7 —11 at Catawba College explore environmental leadership. Learn more at [www.centerfortheenvironment.org](http://www.centerfortheenvironment.org).
- **Resource Conservation Workshop:** Weeklong workshop at NCSU campus during the last two weeks in June where students learn about natural resources and their management in today's global economy. Students who have demonstrated an interest in natural resource conservation must be nominated by their local soil and water conservation districts (who give priority to rising juniors and seniors). Interested students should see Ms. Wade, Mr. Tucker, or his/her counselor as soon as possible since spots fill quickly. More information is available at [www.ncagr.gov/SWC/educational/RCW.html](http://www.ncagr.gov/SWC/educational/RCW.html).
- **Summer Textile Exploration Program:** This program offered by NCSU's College of Textiles offers students opportunities to learn about textile engineering, polymer and color chemistry, business management, apparel design, and textile design— as well as the departments, degrees, scholarships, and opportunities available at the College of Textiles and NC State. Learn more at [www.tx.ncsu.edu/step](http://www.tx.ncsu.edu/step). Application deadline is **May 1**.
- **Polymer Camp:** Attendees will be guests of the College of Textiles on NCSU's Centennial Campus July 23-24. All events are conducted by actual NCSU faculty members of engineering, chemistry, and science. Students will engage in hands-on labs; learn more about the undergraduate programs of Polymer and Color Chemistry, Textile Engineering, and Textile Technology; learn about the admissions process at NCSU and scholarships available at the College of Textiles; and screen print their own NC State t-shirt. Learn more at [www.tx.ncsu.edu/tecs/polymer-camp](http://www.tx.ncsu.edu/tecs/polymer-camp).
- **Horticultural Science Summer Institute**, July 5-10 at NCSU: Students will live in a campus residence hall, participate in workshops designed to engage them in the many career opportunities within horticulture, and experience hands on activities such as breeding flowers and vegetables, lengthening the life of cut flowers, learning about sustainable production, visiting unique and innovative farms and greenhouses, and more! Learn more at [www.go.ncsu.edu/hssi](http://www.go.ncsu.edu/hssi). Cost is \$600 (includes all lodging, meals, materials, and field trips). Application deadline **April 1**.
- **Project Soar:** Students will spend a week at Clemson University's Camp Long in Aiken, SC where they will participate in daily field trips and experience hands-on instruction in flight equipment, wing construction, and more. The value of the camp (lodging, food, materials) is more than \$1600, but due to grants and sponsorships, cost is \$700 for out-of-state students. Spots will fill quickly so see your counselor no later than **March 11** if you wish to be nominated. Learn more at [www.TheCelebrateFreedomFoundation.org](http://www.TheCelebrateFreedomFoundation.org).
- **The Shelton Challenge:** This summer experience for rising freshmen, sophomores, juniors, and seniors with at least a 3.0 GPA focuses on leadership, accountability, team-building, integrity, public speaking, and goal-setting. Students will spend one week in June or July on the campuses of either NC State University, UNC Charlotte, NC Wesleyan College, East Carolina University, or Hampden-Sydney College. Cost is \$600, but scholarships may be available to students who inquire soon. To obtain an application or for more information, go to [www.ncsu.edu/sheltonleadership](http://www.ncsu.edu/sheltonleadership) or call (919) 513-0148.
- **Broyhill Leadership Conference** June 21-25, Wingate University, Wingate, NC: Due to the generosity of the Broyhill Family Foundation and other sponsors, the actual cost to attend BLC (\$650) is reduced to \$260 if submitted by May 4. The fee covers the BLC Handbook, all meetings, 11 meals and 4 nights' lodgings.
- **UNC Chapel Hill, School of Social Work, "Social Work Introduction for the Next Generation":** 3-day on campus event June 11-13 for competitive high school juniors (minimum 3.0 GPA) from diverse and/or underrepresented backgrounds who are interested in learning more about social work. Students will learn about career opportunities in the social work field as well as engage in hands-on experience volunteering in local community non-profits. Students will stay on campus, learn tips for applying to college, learn about their prominent personality traits, and much more. All participants receive lodging, meals, t-shirt, SAT study book, and a certificate of completion. For more information, please visit [ssw.unc.edu/swing](http://ssw.unc.edu/swing). Application deadline is **April 10**.

- **Appalachian State University** offers a number of career-related summer programs on their campus ranging from *anthropology* to *forensic science* to *anatomy / physiology*. Check out their website [conferences-camps.appstate.edu/youth-camps](http://conferences-camps.appstate.edu/youth-camps) now for dates and costs of these many interesting programs! Spots in these programs fill up quickly.
- **Summer Accelerator:** Students can apply for residential OR day courses in a variety of exciting topics (engineering, genetics, forensics, and more). Learn more about this program sponsored by the NC School of Science and Math at [www.ncssm.edu/accelerator](http://www.ncssm.edu/accelerator).
- **LENS@Wake Forest:** This three-week summer program equips current high school students with an academic foundation necessary to become global citizens. Two programs, “Global Sustainability” and “Cultural Crossroads” are available. Learn more at [lens.wfu.edu/](http://lens.wfu.edu/)
- **Summer Leadership Institute, Columbia College (Columbia, South Carolina):** This program is for young women “ready to embrace the next step of leadership”. Tuition is \$550 (including programs, room, and board), but a limited number of need-based scholarships are available upon request. If you are interested, you must let your counselor know no later than **March 27**. Learn more at [columbiasc.edu/SummerInstitute](http://columbiasc.edu/SummerInstitute).
- **Washington University in St. Louis:** Learn more about summer programs in pre-medical, pre-engineering, writing, environmental studies, ancient discoveries, global leadership, and youth leadership at [summerexperiences.wustl.edu](http://summerexperiences.wustl.edu).
- **George Washington University, Washington, DC:** Learn more about Pre-College summer programs in the arts, business, engineering, writing, government, history, math/science, and medicine at [precollege.gwu.edu](http://precollege.gwu.edu). Yes, this is your nation’s capital. Application deadline is **May15**.
- **North Carolina House Page Program.** This program offers young men and women the opportunity to learn about and participate in the legislative process of our state. It is a 4 day long experience that allows high school students between the ages of 15 and 18 (or 14 if already in the 9th grade), to observe firsthand how our laws are made. Learn more at [www.ncleg.net/house/housepagesite/](http://www.ncleg.net/house/housepagesite/)
- **Duke Summer College for High School Students and Duke Summer Academy:** Learn more at [summersession.duke.edu/high-school-students](http://summersession.duke.edu/high-school-students). Application deadline is **April 15**.
- **Bridge Program in Math & Science at Sewanee:** *This program is FREE!* Twenty selected students will live in a dorm, work with college students, and study under University professors in state-of-the-art classrooms for 3 weeks in Sewanee, Tennessee’s University of the South. Postmark deadline is **April 1**, so learn more at [www.sewanee.edu/bridge/](http://www.sewanee.edu/bridge/)
- **Mercy College of Business** invites current juniors who are interested in business to apply to a selective Summer Leaderships Academy with lessons from faculty and leaders from top companies. Learn more at [www.mercy.edu/business/leadership/academy](http://www.mercy.edu/business/leadership/academy).
- Any junior interested in one of the four *United State Military Academies* (West Point, Air Force Academy, Naval Academy, Coast Guard Academy) should consider one of the summer leaders programs offered at each institution. More information can be found at each academy’s web site, but most programs are one week in length, are competitive, and have spring application deadlines. Interested students are also encouraged to open a pre-candidate file online this spring to indicate interest. For more information, see your counselor!
- **Wofford Scholars Program:** Qualified candidates are eligible to compete for scholarships ranging from \$3000 /year up to full scholarship. Student must rank in top 10% of their class and must have achieved a 1250 SAT (or equivalent of PSAT) or 28 on ACT (or PLAN). If students meet the Scholars’ criteria, they will be invited to participate in Wofford Scholars Day. Interested students should speak with their counselor as soon as possible.
- **SAT Prep Strategies Workshop:** Saturday, March 21-22 at MAHEC (Mountain Area Health Education). Students will learn strategies for reading comprehension, 5 levels of mathematics questions, sentence completion, and more. Cost is \$80. To register call Jacquelyn Hallum (828) 257-4479. Space is limited to 35 students.

Learn MORE about LOTS of summer opportunities for high school students online at CFNC!

[http://www.cfnc.org/static/pdf/home/sc/pdf/college\\_prep\\_programs.pdf](http://www.cfnc.org/static/pdf/home/sc/pdf/college_prep_programs.pdf)