



# Pisgah High School Senior Newsletter

September 2015

Pisgah High School Counseling Center, 1 Black Bear Drive, Canton, NC 28716

(828) 646-3440

We are on the web at [teacher.haywood.k12.nc.us/phs-counselingcenter/](http://teacher.haywood.k12.nc.us/phs-counselingcenter/).  
Follow us on Twitter @ [pisgahcounselor](https://twitter.com/pisgahcounselor)

## COMING EVENTS: Mark your calendar!

- **Tuesday, September 8 AND Wednesday, September 9, Tutorial B: Informational Meeting about the Roan, Park, and Morehead-Cain Scholarships** in the counseling center.
- **Wednesday, September 9: Senior Picture (Make-up day), Auditorium.** This will be your yearbook photo if you did not have pictures made this summer.
- **Monday, September 14** is COLLEGE NIGHT at Haywood Community College, 6:00 to 7:30 pm. This is a great opportunity to meet over forty two-year and four-year college representatives in one location! *Come by the PHS Counselors' table to say hello and sign up for door prizes!* (Representatives will also be available at UNC Asheville on Thursday, September 17, 6:00 to 9:00.) A complete list of colleges planning to participate is on the Counseling Center bulletin board.

*NOTE: Plan to take notes! Dress professionally; you would be surprised how many representatives will actually remember meeting you. It's okay to take a resume or list of your activities, your tentative college major, and your contact information. Bring a folder to organize and carry home brochures, application packets, etc.*

- **Monday, September 14: Senior Meeting** (the whole class of 2016!) in the Auditorium during homeroom. Counselors will talk about the college application process and planning for your senior year. Senior small group meetings (including your LAST credit check towards graduation and time for individual questions) will start that week in the counseling center.
- **ZAPS Test Prep Seminar:** Students interested in preparing for the NEW versions of the PSAT, SAT, or ACT are invited to attend this seminar at the Haywood County Schools Education Center (in Clyde) on Saturday, **September 19** from 9 AM to 3 PM. **Cost is \$79.99.** More information and registration is available at [register.doorwaytocollege.com](http://register.doorwaytocollege.com), or call (877) 927-8378.
- **US Service Academy Day, September 19:** Representatives from all Military Academies will be available 1 to 3 PM at the National Guard Armory, East Flat Rock, NC to answer questions. RSVP to Congressman Mark Meadows's office (828) 693-5660 and/ or see your counselor for more information.
- **Tuesday, October 6: Pisgah High School Open House, 4:30— 6:30 PM.**
- **Saturday, October 10, 9 AM to 1:30 PM: Kaplan SAT Practice Test at AC Reynolds High School Cafeteria** (Cost: \$10): This session will focus on the CURRENT SAT (not the revised version coming in March). Register at [www.kaptest.com/class/SKKU150196](http://www.kaptest.com/class/SKKU150196) or call 1-800-527-8378. A valid email is required to receive scores. Please bring calculator, pencils, snack/drink. (Event code SKKU150196)

## Opportunities at MAHEC

Mountain Area Health Education Center, 121 Hendersonville Road, Asheville, NC

- **SAT Prep Strategies**, Saturday, September 12, 8:00 to 3:45 and Sunday, September 13, 1 PM to 3 PM (\$80)
- **How to Study and College Planning and Scholarships:** September 10, 6:00 to 9:00 PM (Free!)

For more information or to register, call (828) 257-4461 or (828) 257-4479. Families and students planning to attend are expected to register in advance at [sys.mahec.net/res/hcclasses.aspx](http://sys.mahec.net/res/hcclasses.aspx).

## **I'm finally a senior!**

### **(Now what do I do?)**

#### **First Semester:**

- ⇒ **Review your schedule with your counselor to make sure you are meeting graduation requirements.**
- ⇒ **Register for SAT or ACT exams (if needed).**
- ⇒ **Narrow your choice of colleges (usually 3-5). Attend college fairs, visit campuses, and research online. Check admissions deadlines.**
- ⇒ **Keep an open mind about college: Not all jobs/opportunities require four years of school. Many 6 month or one year programs can significantly improve your earning power!**
- ⇒ **Review your email address to ensure that it is professional-sounding. Monitor your use of social media. Yes, admissions counselors and employers do check social media!**
- ⇒ **Log on to [CFNC.org](http://CFNC.org). MOST (not all) two-year and four-year colleges in North Carolina ask students to submit applications online through CFNC. Create an account if you don't have one. If you have created an account and can't remember your password, see your counselor.**
- ⇒ **Get those applications done! Type or use black ink IF you choose not to complete online. Proofread carefully, and keep copies of everything! (Try to get everything mailed by Thanksgiving!)**
- ⇒ **Ask teachers/counselor to complete recommendations (if necessary) at least 2 weeks before deadline.**
- ⇒ **Complete "Transcript Release Form" (signed by parent if you aren't 18 yet) and return to Mrs. Case.**
- ⇒ **Contact financial aid offices (by phone or e-mail) to ask what they require.**

## SCHOLARSHIP INFORMATION:

The following three scholarships expect that applicants be nominated by the school Scholarship Committee. There will be an informational meeting about these three scholarships on Tuesday and Wednesday, September 8 and 9, Tutorial B in the counseling center during Smart Lunch:

- **Morehead-Cain Scholarship** (*University of North Carolina, Chapel Hill*): Students who demonstrate exceptional "moral force of character, scholarship, physical vigor, and leadership" can learn more at [moreheadcain.org/](http://moreheadcain.org/)
- **Park Scholarship** (*North Carolina State*): Students possessing outstanding accomplishments and potential in scholarship, leadership, service, and character may get more information at [park.ncsu.edu/](http://park.ncsu.edu/)
- **Roan Scholars Leadership Program** (*East Tennessee State*): Applicants are expected to demonstrate exemplary character, leadership, scholarship, and physical activity. Interested students can learn more at [roanscholars.org](http://roanscholars.org).

Applications for these three scholarships will be available in the counseling center and must be returned to the counseling center Monday, September 21, 8 AM.

- **Levine Scholars** (*UNC-Charlotte*): Includes full tuition, room/board/fees, laptop, summer opportunities, and honors classes. Applicants typically have a 3.8-4.0 GPA and 1900-2400 (all 3 sections) SAT or 29-36 ACT and a record of community service/leadership. Please go to [levinescholars.unc.edu](http://levinescholars.unc.edu). Interested students should let his/her counselor know by **October 19**.
- **East Tennessee State University:** (1) **Honors Scholars Program** (up to full scholarship for 4 years) for students with 3.5 GPA, ACT score of 29 or higher, who demonstrate service and leadership. Deadline **December 15**. (2) **Fine and Performing Arts Scholars** (up to full tuition for 4 years) for students with 2.75 GPA, ACT score of 22, and an interest in an art (including music, drama, digital media, etc.) minor. Deadline **March 1**. (3) **Honors-in-Discipline Scholars** (up to full tuition for 4 years) includes 22 different fields of study for students with 3.2 GPA, 25 or higher ACT. Deadline **March 1**. More information about these 3 programs is available at [www.etsu.edu/honors](http://www.etsu.edu/honors).
- **SportQuest Playing with Purpose Scholarship Program:** Varsity level athlete committed to the Christian faith with a minimum "C" grade average or higher can learn more about a \$2000 scholarship, an opportunity to apply for other scholarships, and summer ministry opportunities. Learn more at [www.playingwithpurpose.org](http://www.playingwithpurpose.org). Deadline **February 1**.
- **Belk Scholarship** (*Davidson College*): Learn more about this competitive scholarship at [davidson.edu/Belk](http://davidson.edu/Belk). Interested students should let his/her counselor know by October 19.
- **Berea College:** Berea charges no tuition and admits only academically promising students, *primarily* from Appalachia (but more than 60 countries are typically represented!), who can document limited economic resources. Berea's cost of educating a student exceeds \$23,000/year, but all students work at least 10 hours per week in campus and service jobs in more than 130 departments. More information is available at [berea.edu](http://berea.edu).
- **Quest Scholars:** Students in the top 10% of their class, who score 1250 or higher on the reading/math portions of the SAT or 27 or higher on the ACT, and who are first generation college students and/or qualify for free or reduced lunch should learn more about College Match, a program that matches qualified students with selective universities nationwide who are willing to help students cover tuition, room/ board, supplies and more. More information and application are at [www.questbridge.org](http://www.questbridge.org). Deadline is **September 28**.
- **Thomas Wolfe Scholarship:** Full undergraduate support will be provided to a student planning to study English or writing at UNC Chapel Hill. More information is available at [englishcommit.unc.edu/creative/scholarships](http://englishcommit.unc.edu/creative/scholarships) and in the counseling center. Application to Chapel Hill must be submitted by October 15 and application to Thomas Wolfe Scholarship must be submitted by November 15.
- **Prudential Spirit of Community Award:** Are you a student who has made a difference volunteering? Learn more about possible recognition AND scholarship money at [spirit.prudential.com](http://spirit.prudential.com); apply online by November 3 and bring your print-out to your counselor.
- The Christian Connector provides free Christian college information as well as a \$2500 Christian college scholarship drawing. Go to [www.ChristianConnector.com](http://www.ChristianConnector.com) for more information.
- **US Senate Youth Scholarship:** This scholarship program sponsored by the US Senate Youth Program (USSYP) is for juniors and seniors interested in pursuing careers in public service. Student delegates winning the \$5000 scholarship and attending the week-long event in Washington, DC in March will hear major policy addresses by Senators, cabinet members and directors from other federal agencies. NC applications will be available Aug 1—Oct. 4 at <http://senateyouthnc.webs.com>.

⇒ **CONTACT BY PHONE / E-MAIL (or check out websites) ANY SCHOOLS OF INTEREST TO INQUIRE ABOUT SCHOLARSHIPS FOR WHICH YOU MIGHT BE ELIGIBLE OR TO LEARN MORE ABOUT THEIR FINANCIAL AID PROCESS!**

⇒ **Many scholarship applications are now available online, but if a paper copy is required, it will be located in the "Scholarship Drawer" in our office: See Mrs. Case or your counselor for assistance! Please see your counselor if you have ANY questions!**

## **I'm finally a senior! (Now what do I do?)**

**continued**

### **Second Semester:**

- ⇒ **If you are planning to apply for financial aid, you should complete the FAFSA between Jan. 1 and Feb. 15. Completing your family's income tax returns first is helpful!**
- ⇒ **If you have not yet applied to a two-year school (and are planning to do so), apply now!**
- ⇒ **Complete applications for scholarships, loans, and grants.**
- ⇒ **Start receiving letters of acceptance to colleges. You may have some tough choices to make!**
- ⇒ **Continue to work hard in your classes. Colleges DO look at second semester's transcript!**

### **FYI! Applications:**

- **ALL applications should be typed or completed NEATLY in black ink (if not available on line).**
- Please follow ALL directions; for example, make sure you include letters of recommendation or any additional documentation, if requested.
- It is always a good idea to make a photocopy of an important application, complete it in pencil, and proof-read carefully BEFORE completing your final copy.
- **Spelling, punctuation, and grammar absolutely do count!**
- **Make deadlines!** Note whether it is a "received" deadline or a "postmarked" deadline, whether the application is to be returned online, to the school counseling center, OR directly to the funding agency.

## If I am planning to attend college, do I need to take a TEST?

- *If you are planning to attend a four-year college or university*, you will need to take either the **SAT** or the **ACT**. Fortunately, all juniors in North Carolina have taken the ACT! Check the college's website to see what kinds of scores are preferred: Some schools offer scholarship money for higher test scores, so it may be to your advantage to test again! Colleges and scholarship programs usually take your **best** score (and research has shown that students who take it again—especially during senior year—typically improve), so it can be to your advantage to take it more than once!
- *If you are planning to attend a two-year college*, you will need to provide your ACT scores. Some students will choose to take the ACT again (or to take the **Accuplacer**) to place out of remediation courses in reading or math. You may call Haywood Community College at 627-4607 for an appointment if you wish to take the Accuplacer; there is no fee for this exam, and your scores can be sent to other community colleges. For more information (including sample questions!) go to [haywood.edu/testing](http://haywood.edu/testing). Nursing and other allied health programs often require additional placement tests. You will need to contact the community college for more information about these programs.
- Online review is available at the SAT and ACT websites as well as [www.cfnc.org](http://www.cfnc.org). Free College Board approved test prep is available online through the Khan Academy. Learn more at [sat.org/practice](http://sat.org/practice).
- **See your counselor as soon as possible if you think you might qualify for a fee waiver for either the SAT or the ACT! (If you qualify for free or reduced lunch, you can qualify for an SAT and/or ACT fee waiver.)**
- WRITE DOWN YOUR USER NAME AND PASSWORD so that you can access scores or registration information again when needed!
- Students will be expected to electronically submit a photograph of themselves—which will appear on their admission ticket. Guidelines regarding appropriate photos are available online and in the counseling center.
- You do NOT need to sign up for an SAT “Subject Test” unless the school to which you applying specifically asks you to do so!
- You may have heard of the “redesigned SAT”: These changes will not take place until March 2016, so you will need to prepare for the traditional SAT format.  
***PLEASE see your counselor if you have ANY questions!***

### SCHOOL CODE FOR PISGAH HIGH SCHOOL : 340565

The best way to prepare and register for the **SAT** is to go to their website at [sat.collegeboard.org](http://sat.collegeboard.org).

You can find sample questions, test preparation tips, assistance with registration, and test dates and locations. Don't wait! Deadlines for test registration are usually about one month before the test!

#### **SAT Dates (First Semester):**

- Saturday, October 3.**  
Registration deadline **September 3** (or September 18 with late fee)
- Saturday, November 7.**  
Registration deadline **October 9.**
- Saturday, December 5.**  
Registration deadline **November 5.**

Registration fee for SAT is \$54.50.

The easiest way to prepare and register for the **ACT** is to go online to [www.actstudent.org](http://www.actstudent.org).

Online registration is helpful because you can then view scores online, make additions to your score reports, etc.

#### **ACT Dates (First Semester):**

- Saturday, October 24.**  
Registration deadline **September 18.**
- Saturday, December 12 (AT PISGAH!)**  
Registration deadline **November 8.**

Registration fee for ACT Plus Writing is \$56.50.

(If your school of interest does not require the writing portion, you can register for ACT No Writing for \$39.50.)

## OPEN HOUSE!

An "Open House" is an excellent way to visit a college campus and learn about special programs offered there. Following are dates we have at this time:

- **Appalachian State University:** September 26  
[admissions.appstate.edu/visit/open-house](http://admissions.appstate.edu/visit/open-house)
- **Campbell University:** September 19, October 10, November 11  
[campbell.edu/admissions/undergraduate/visit-us/](http://campbell.edu/admissions/undergraduate/visit-us/)
- **Davidson College:** September 25, November 13, October 18 (SENIORS)  
[davidson.edu/admission-and-financial-aid/plan-a-visit/open-house-programs](http://davidson.edu/admission-and-financial-aid/plan-a-visit/open-house-programs)
- **Duke University** (specifically Arts & Humanities and Pratt Engineering): October 17  
[www.duke.edu](http://www.duke.edu)
- **East Carolina University:** October 24  
[ecu.edu/admissions/visit.cfm](http://ecu.edu/admissions/visit.cfm)
- **Gardner Webb University:** September 12, October 10, November 11  
[gardner-webb.edu/admissions-and-financial-aid/undergraduate-admissions/visit-us/index](http://gardner-webb.edu/admissions-and-financial-aid/undergraduate-admissions/visit-us/index)
- **Lenoir-Rhyne University:** October 3, November 14  
[lr.edu/admissions/events](http://lr.edu/admissions/events)
- **NC State University:** October 17  
[admissions.ncsu.edu/visit/](http://admissions.ncsu.edu/visit/)
- **UNC Asheville:** October 10, November 14  
[admissions.unca.edu/open-house](http://admissions.unca.edu/open-house)
- **UNC Charlotte:** September 19, November 7  
[admissions.uncc.edu/about-unc-charlotte/visit-campus](http://admissions.uncc.edu/about-unc-charlotte/visit-campus)
- **Western Carolina University:** October 31, November 14  
[wcu.edu/about-wcu/visit-wcu/](http://wcu.edu/about-wcu/visit-wcu/)

Your school not listed here? Check out the school's website or call the admissions office! Other opportunities include:

- **Covenant College** (Lookout Mountain, GA) Campus Preview Weekend, October 1-3: Spend 2 nights in a dorm, attend classes, worship in the chapel, tour campus, audition for scholarships and more. Cost \$40.

[admissions@covenant.edu](mailto:admissions@covenant.edu) or call 706-419-1127

- **UNC Greensboro** "First Look": UNCG is coming to YOU! Monday, September 21 at the Renaissance Asheville Hotel, 6:45 PM.

[admissions.uncg.edu/firstlook](http://admissions.uncg.edu/firstlook) or call 336-334-5243

- **UNC Asheville Latino Open House**, September 12: AB Tech will also be available to discuss transfer options. Financial Aid and employment opportunities will also be discussed. Call 255-7205 for information.

PHS "Habit" for September:

### **"Be PROACTIVE"**

(from 7 Habits of Highly Effective Teens by Sean Covey)

***"You must take personal responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself. That is something you have charge of."* — Jim Rohn**

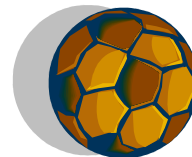
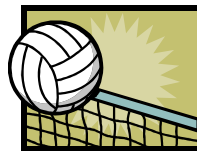
## ATTENTION Senior Athletes:

Students interested in playing college Division I or Division II sports next year must certify academic and athletic credentials with the **National Collegiate Athletic Association (NCAA)** at [www.eligibilitycenter.org](http://www.eligibilitycenter.org).

You might also want to check out the **National Association of Intercollegiate Athletics (NAIA)** at [www.PlayNAIA.org](http://www.PlayNAIA.org).

If you have questions, you may talk with your coach or counselor; you may also wish to call your college of interest!

Again, if this is something you are considering, you must **REGISTER NOW!** **NCAA Eligibility Center** does require that students send ACT and/or SAT scores directly from the testing agency: Their code is **9999**.



**Helpful Hint:** You will probably be registering for tests online, applying to colleges (and later, scholarships) online, and (eventually) completing your FAFSA online. You may want to purchase a small spiral notebook to record all of your user name and password information. Some students choose to save them on their phone. Whatever you decide is best for you, don't wait: Save all those codes NOW! You will need to access them later on!

## PHS COUNSELING CENTER

**Dr. Allen:** Counselor for students with last names A-G  
**Mrs. Lawing:** Counselor for students with last names H-O  
**Mrs. Heinz:** Counselor for students with last names P-Z  
**Mrs. Case:** Counseling Center Administrative Assistant

**Mrs. Inman:** Lead Teacher  
**Mrs. Rav:** Career Development  
**Mrs. Frazier:** School Social Worker  
**Mrs. Clark:** School Nurse  
**Officer Deaver:** School Resource Officer